Srednja šola Črnomelj VSEBNOST SNOVI, KI POVZROČA ALERGIJO ALI PREOBČUTLJIVOST

MENI 1 obdobje: 1. 3. do 5. 3. 2021

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| dan | živilo, ki vsebuje gluten | raki | jajca | ribe | arašidi | soja | mleko, živilo, ki vsebuje laktozo | oreščki | listna zelenja-va | gorčično seme | sezam. seme | žveplov dioksid | volčji bob | mehkužci | svinjina |
| PON |  |  |  |  |  |  |  |  |  |  |  |  |  |  | X |
| TOR |  |  |  |  |  |  |  |  |  |  |  |  |  |  | X |
| SRE | X |  | X | X |  |  |  |  | X |  |  |  |  |  |  |
| ČET | X |  | X |  |  |  | X |  |  |  |  |  |  |  | X |
| PET | X |  | X |  |  |  |  |  |  |  |  |  |  |  |  |

MENI 2 obdobje: 1. 3. do 5. 3. 2021

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| dan | živilo, ki vsebuje gluten | raki | jajca | ribe | arašidi | soja | mleko, živilo, ki vsebuje laktozo | oreščki | listna zelenja-va | gorčično seme | sezam. seme | žveplov dioksid | volčji bob | mehkužci | svinjina |
| PON |  | X |  |  |  |  |  |  |  |  |  |  |  |  |  |
| TOR |  |  |  |  |  | X | X |  |  |  |  |  |  |  |  |
| SRE | X |  | X |  |  |  |  |  |  |  |  |  |  |  |  |
| ČET | X |  | X |  |  |  | X |  |  |  |  |  |  |  |  |
| PET | X |  | X | X |  |  |  |  | X |  |  |  |  |  |  |

MENI 1 obdobje: 8. 3. do 12. 3. 2021

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| dan | živilo, ki vsebuje gluten | raki | jajca | ribe | arašidi | soja | mleko, živilo, ki vsebuje laktozo | oreščki | listna zelenja-va | gorčično seme | sezam. seme | žveplov dioksid | volčji bob | mehkužci | svinjina |
| PON |  |  |  |  |  |  | X |  |  |  |  |  |  |  | X |
| TOR |  |  |  |  |  |  | X |  | X |  |  |  |  |  | X |
| SRE |  |  |  |  |  |  | X |  | X |  |  |  |  |  |  |
| ČET | X |  | X |  |  |  | X |  |  |  |  |  |  |  | X |
| PET | X |  | X | X |  |  |  |  |  |  |  |  |  |  |  |

MENI 2 obdobje: 8. 3. do 12. 3. 2021

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| dan | živilo, ki vsebuje gluten | raki | jajca | ribe | arašidi | soja | mleko, živilo, ki vsebuje laktozo | oreščki | listna zelenja-va | gorčično seme | sezam. seme | žveplov dioksid | volčji bob | mehkužci | svinjina |
| PON |  |  |  |  |  |  | X |  |  |  |  |  |  |  |  |
| TOR |  |  |  |  |  |  | X |  | X |  |  |  |  |  |  |
| SRE |  |  |  |  |  |  | X |  | X |  |  |  |  |  |  |
| ČET | X |  | X |  |  |  | X |  |  |  |  |  |  |  |  |
| PET | X |  | X | X |  |  |  |  |  |  |  |  |  |  |  |

MENI 1 obdobje: 15. 3. do 19. 3. 2021

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| dan | živilo, ki vsebuje gluten | raki | jajca | ribe | arašidi | soja | mleko, živilo, ki vsebuje laktozo | oreščki | listna zelenja-va | gorčično seme | sezam. seme | žveplov dioksid | volčji bob | mehkužci | svinjina |
| PON |  |  |  |  |  |  |  |  |  |  |  |  |  |  | X |
| TOR |  |  |  |  |  |  | X |  | X |  |  |  |  |  | X |
| SRE |  |  |  |  |  |  | X |  | X |  |  |  |  |  |  |
| ČET | X |  | X |  |  |  | X |  |  |  |  |  |  |  |  |
| PET | X |  | X | X |  |  | X |  |  |  |  |  |  |  |  |

0MENI 2 obdobje: 15. 3. do 19. 3. 2021

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| dan | živilo, ki vsebuje gluten | raki | jajca | ribe | arašidi | soja | mleko, živilo, ki vsebuje laktozo | oreščki | listna zelenja-va | gorčično seme | sezam. seme | žveplov dioksid | volčji bob | mehkužci | svinjina |
| PON | X |  | X |  |  | X | X |  |  |  |  |  |  |  |  |
| TOR |  |  |  |  |  |  | X |  | X |  |  |  |  |  |  |
| SRE |  |  |  |  |  |  | X |  | X |  |  |  |  |  |  |
| ČET | X |  | X |  |  |  | X |  |  |  |  |  |  |  |  |
| PET | X |  | X | X |  |  | X |  |  |  |  |  |  |  |  |

MENI 1 obdobje: 22. 3. do 26. 3. 2021

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| dan | živilo, ki vsebuje gluten | raki | jajca | ribe | arašidi | soja | mleko, živilo, ki vsebuje laktozo | oreščki | listna zelenja-va | gorčično seme | sezam. seme | žveplov dioksid | volčji bob | mehkužci | svinjina |
| PON | X |  | X | X |  |  |  |  | X |  |  |  |  |  |  |
| TOR |  |  |  |  |  |  |  |  | X |  |  |  |  |  | X |
| SRE | X |  | X |  |  |  |  |  |  |  |  |  |  |  | X |
| ČET | X |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| PET |  |  |  |  |  |  |  |  | X |  |  |  |  |  |  |

MENI 2 obdobje: 22. 3. do 26. 3. 2021

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| dan | živilo, ki vsebuje gluten | raki | jajca | ribe | arašidi | soja | mleko, živilo, ki vsebuje laktozo | oreščki | listna zelenja-va | gorčično seme | sezam. seme | žveplov dioksid | volčji bob | mehkužci | svinjina |
| PON | X |  | X | X |  |  |  |  | X |  |  |  |  |  |  |
| TOR |  |  |  |  |  |  | X |  | X |  |  |  |  |  |  |
| SRE | X |  | X |  |  | X | X |  |  |  |  |  |  |  |  |
| ČET | X |  | X |  |  |  | X |  |  |  |  |  |  |  |  |
| PET |  |  |  |  |  |  |  |  | X |  |  |  |  |  |  |